

# Walk to Emmaus<sup>®</sup> & Chrysalis<sup>®</sup>



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## A Letter from the Director

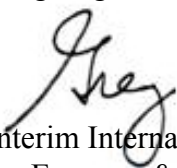
*Dear Brothers and Sisters,*

*The message of the coming of the Christ child was told to the shepherds by angels. This good news was for all the people; not just the kings and queens or high priests. Two thousand years later, the angels' message is still for all of us. Each Christmas season, we are filled with hope, joy and expectation. Our thoughts turn to giving and serving; we do great deeds and become more forgiving and understanding.*

*Brothers and Sisters, we are involved with two great movements that challenge us to be the hands and feet of Christ in the world. Let us continue to focus on Christ and make Him the center, not only during this wonderful season but during all of 2012 and beyond. Let us be the example for others to follow as we show mercy and love in word and in deed. I encourage you to look for the good in others by assuming positive intent when things are said and done.*

*Friends, He is coming! We wait with expectation. Our promise is to walk with Him each day of our lives.*

*Peace,*  
Greg Engroff



Interim International Director  
for Emmaus & Chrysalis,  
The Upper Room



# International Advisory Committee 2011

*Sharing our Fourth Day Vision with Representatives from around the world!*

By Greg Engroff

The 2011 International Advisory Committee (IAC) met in Nashville this October. This year's theme, **"It's About Christ"** helped focus our discussion and decisions on Christ and not ourselves. The 60-member group consisted of Emmaus and Chrysalis Regional Leaders and representatives from all over the United States. There were international members representing the United Kingdom, Jamaica, St. Maarten, Germany, Barbados, Ghana, Philippines, St. Vincent, Australia, Bahamas and South Africa, as well as Regional Leaders serving Europe and Latin America and the Caribbean.

On Friday evening, we learned about the "Charism of Emmaus," heard the opening talk from Sarah Wilke, Publisher of The Upper Room, and ended with "Lamb of God," a Communion service using clowns. On Saturday, Kate Dickinson, the new Fourth Day Coordinator spoke about the "Intentionality of Emmaus and Chrysalis" as it relates to living in the fourth day. Two members of our International Ministries department at The Upper Room spoke on relationships between *The Upper Room* daily devotional and Emmaus/Chrysalis.

On Saturday, Regional Leaders reported on the progress of the Leadership Development Events in the United States. There was a report on the first "Face to Face" event in June and July. Face to Face is a hybrid of the Walk to Emmaus movement for retired persons, and is currently being tested and evaluated.

It was announced that new metal neck crosses will be available in December 2011. It was also reported that there is an overwhelming positive response to the new Thursday Night Movie for the Walk to Emmaus.

The majority of the afternoon was spent addressing requests and questions about the international model that were made by Emmaus/Chrysalis communities. We ended the day with a report from Victor Perez, our Regional Leader for Latin America and the Caribbean, with a request for all members to make a donation to "The Gift" fund. Totals for the day amounted to \$4,300 and will be earmarked for the new start-up community in the Philippines.



Photo Credit: Gwen Hutto

On Sunday, we began with morning devotions, and time for all members to talk about a "bright spot" from their community this past year. The former International Director made the final presentation on the exciting times before us and we concluded with a worship service in The Upper Room Chapel.

Our time together proved to be a time for information, spiritual growth and wonderful fellowship. Next year's meeting will be October 19-21, 2012.

# It's About Christ!



Photo Credit: Linda Furtado

## New Fourth Day Coordinator Kate Dickinson

*Hello Emmaus and Chrysalis Communities!*

*I am so excited to be a part of the Emmaus and Chrysalis team that is here to support and encourage you in your Fourth Day and Next Steps. My own journey began in 1996 when I attended my Chrysalis Flight in Crossroads of Southeastern Pennsylvania.*

*I've had many of the experiences that each of you have had: I've served on weekends, inside and outside of the conference room. I've attended monthly gatherings, sendoffs, candlelights and closings. I've served on the board and team selection committee. These experiences have shaped my Fourth Day.*

*Over the years, my passion for the Emmaus and Chrysalis movements has grown. I just completed a three-year term on the International Advisory Committee, and I've been working in the Northeast as an Assistant Regional Leader for Chrysalis. In both of these roles I have been able to share my heart for Emmaus and Chrysalis with Communities around the Country and around the World.*

*On your weekend, do you remember when you were introduced to your new community for the first time? Someone said these words, "Can there be anything greater than the body of Christ loving us on behalf of Christ?" I get that same feeling each time I participate in a Leadership Development Event, or IAC meeting. As I look out across a room full of Pilgrims and Butterflies from around the world, I see the Body of Christ working together to share the love of Jesus Christ.*

*It is a privilege to be on this journey. You will see me working to promote your personal—and your community's—Fourth Day/Next Step journey. I will be using technology to bridge the gaps between communities, whether they are in neighboring states or halfway around the world. I look forward to developing tools that build and strengthen your community's network of Reunion Groups and Gatherings.*

*I am eager to get to know you, hear your Fourth Day story and learn as we walk along this road together.*

De Colores and Fly With Christ,



Kate Dickinson

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**Remember Kate  
in your prayers  
as she takes on  
this new role in  
the International  
Office.**

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### Get to Know Kate

Contact Information:

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Follow us on Twitter!

**@Emmaus\_Intl**

and

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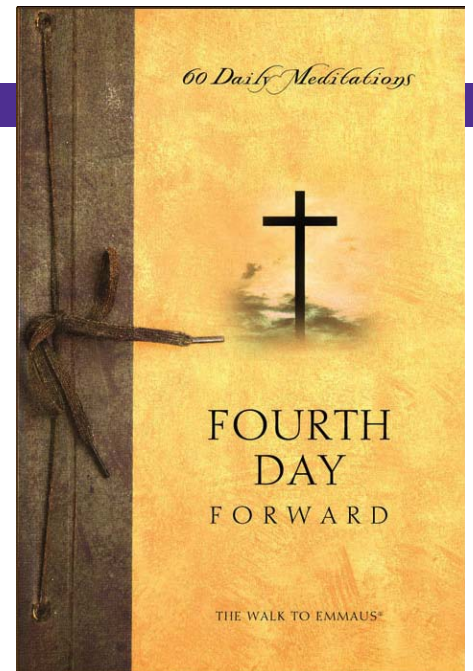
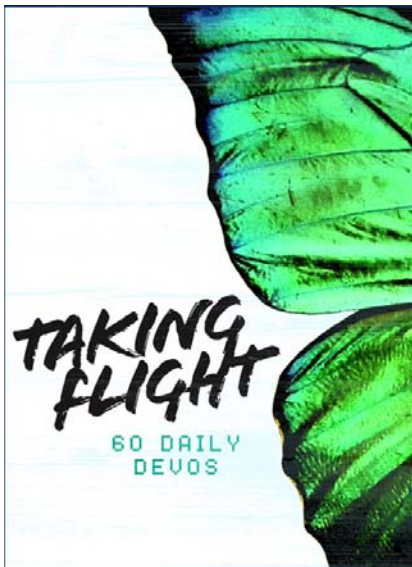
## NEW Emmaus & Chrysalis Devotional Books

Each book contains 60 meditations based on the the 15 talks from the weekend. They are written by Emmaus and Chrysalis community members and are designed to help Pilgrims and Butterflies stay focused on their Fourth Day and Next Steps.

Because the devotions are undated you can start the book at anytime and any year. These books are available for purchase in [The Upper Room Bookstore](#), for Kindle eReaders on Amazon.com and also with bulk discounts in the Board Room on the Emmaus and Chrysalis websites:

Qty	Discount	Unit Price
1 - 4	0%	\$4.00
5 - 9	5%	\$3.80
10 - 19	15%	\$3.40
20 - 49	20%	\$3.20
50 - 99	25%	\$3.00
<b>100 - 499</b>	<b>40%</b>	<b>\$2.40</b>
<b>500+</b>	<b>50%</b>	<b>\$2.00</b>

These devotional books make great agape gifts for Pilgrims and Butterflies after their weekends! *Fourth Day Forward* is intended for Emmaus. *Taking Flight* is intended for Chrysalis.



### Excerpt from *Fourth Day*

#### Theme: Christian Action

##### Read Luke 9:1-2

When I was a young girl I helped my mom feel better. She often woke in the middle of the night with foot cramps that caused terrible pain. One night she called me into her room.

“What do you want me to do?” I asked.

She said, “Rub it or something! It hurts a lot, and I don’t know what to do.”

So at a very young age I began rubbing my mother’s feet and calves to ease her nighttime pain. It made me feel good to be able to help her, and in the following years people said, “You have missed your profession” too often. God waited years for me to get the message – to understand the gift I had been given...

—from Luann R. Pellizzotto in “A Gift of Healing”

(*Fourth Day Forward*. Upper Room Books, 2010, pg. 35).

### Excerpt from *Taking Flight*

#### Theme: God’s Gift to You

##### Read Ephesians 3:17-19

I was baptized as an infant; when I was a teenager, I confirmed the vows taken at my baptism. I remember that confirmation.

Some of my friends were baptized as teenagers, I listen as these friends talked about their baptisms: “It felt like a ton of bricks was lifted from my shoulders!” “I never felt anything so incredible!” But when I was confirmed, I didn’t feel anything special.

What’s wrong with me? I wondered...

—from Timothy K. Roberts in “Confirmed in God’s Love” (*Taking Flight*, Upper Room Books, 2010, pg. 35).



# REGIONAL LEADERS

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## International Leaders

As we continue to grow internationally, we are expanding our Regional Leader program on a global scale. We have established Regional Leaders for Europe and for Latin America and the Caribbean. As we grow we will add additional global regions as well as additional Clergy and Chrysalis Regional Leaders.

### **Regional Leader, Latin America & Caribbean**

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# Thank you

for partnering with the International Emmaus and Chrysalis Office to transform the world. The impact of The Upper Room Walk to Emmaus and Chrysalis would be nothing without you.

We are growing at unprecedented rate. In order to continue to provide the best service we can and fully support our existing communities as well as the new ones, the IAC recommended raising Pilgrim and Butterfly Fees by \$3.00. Pilgrim Fees are now \$13.00 and Butterfly fees are now \$10.00. We do all that we can to minimize costs and as such we have been able to go 6 years for Emmaus and 4 years for Chrysalis without an increase.

Also, as recommended specifically by the IAC International representatives, we are asking all International Communities to begin paying the Pilgrim and Butterfly fees that had previously been waived.

This is an exciting time of working in partnership around the world. Together we are empowering leaders through Emmaus and Chrysalis to be the hands and feet of Christ!

If you would like to give a gift to The Upper Room in support of these programs, visit [www.UpperRoom.org/GIFT](http://www.UpperRoom.org/GIFT) be sure to select "Emmaus" or "Chrysalis" in the drop down menu.

## Covenant Letters

The 2012 Covenant Letters have been sent electronically to all Emmaus and Chrysalis Community Lay Directors and Community Spiritual Directors. If you did not receive a letter via email please contact Kimberly Jenkins so she can send one to you. We ask that all Covenant Letters be completely filled out by the board and returned by March 31st.

Email: [kjenkins@upperroom.org](mailto:kjenkins@upperroom.org)  
Phone: 615-340-7227

## Leadership Development Events

We are about to launch year three of our Leadership Development Events. These events are specifically targeted toward board members; however, they are open to everyone.

We meet with both Emmaus and Chrysalis together. With anywhere from 2 – 10 different communities present, it is a wonderful opportunity to network and share ideas. The 2012 event schedule is being finalized; please check the [Leadership Development Website](#) for events in or near your state.





Do these words resonate with something inside you? Are you longing for spiritual renewal? I invite you to pray about your participation in an upcoming **Academy for Spiritual Formation.**

## Hungry at Christmas Time

By Donna Bryant, Coordinator for the **Academy for Spiritual Formation, The Upper Room**

What a metaphor – “hungry” – at a time when there are Christmas parties and celebrations everywhere. For instance, this week alone, there are four office celebrations with food. While I am very aware the some people do experience great physical hunger during this time, I am thankful that physical “hunger” is not on my list of needs.

This article is titled “Hungry at Christmas time” because regardless of how well fed we may be blessed to be, we all experience another hunger, one that feels a lot like a physical hunger, but isn’t. The symptoms are similar enough to take on an ache of emptiness and make me weak and vulnerable to temptation, but instead of craving pumpkin pie, or broccoli casserole, the ache is for spiritual nourishment.

While reading a book by **Robert Benson** called *Living Prayer*, I realized there are a lot of people who are longing and searching for real sustenance in their spiritual lives. In his book Benson explains, “It is a life lived at attention that I seek, a life in which prayer has woven itself into the very fabric of my days, a life in which prayer has become a constant, as regular as breathing out and breathing in.”

My prayer is that you are FILLED with the love and peace of our Christ during this Advent and Christmas season.

*Merry Christmas!*



Note: Robert Benson participated in a two year Academy for Spiritual Formation, and now teaches as faculty for two-year and five-day Academies. *Living Prayer* is his story of his experience at the two year Academy.

### The Two-Year Academy

Over the course of two years you will meet 8 times for 5 days each. The next Academy will be starting in February 2012 and will take place in Donaldson, Indiana at the Lindenwood Retreat Center. And there are still openings! Additional Two-Year Academies will be available in Alabama, and California in 2012 and 2013. The [schedule is available on our website.](#)

### The Five-Day Academy

The Five-Day experience follows the same daily format of the Two-Year Academy, but only meets one time. To find out more about the 11 locations around the country hosting retreats in 2012, you can review the [schedule on our website.](#)

For more information, contact Donna:

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## Walk to Emmaus and Chrysalis

# Participation Survey

At the International Office we work with other Fourth Day organizations. We firmly believe that living a life fully committed to Fourth Day principles has the power to change the world!

The following survey is being distributed around the world to all of the Fourth Day movements; please take some time to share with us what your Emmaus/Chrysalis experience has meant to you. The survey will take approximately 15 minutes.

<http://www.surveymonkey.com/s/EmmausChrysalis2011>



## **NEW!**

### Neck Crosses

This NEW offering is just one more option for neck crosses. They are currently available in English and Spanish, with more languages coming in 2012. The cost is \$40 for a pack of 10 crosses. Communities can order them online through the [Board Room on the Emmaus and Chrysalis websites](#).

